



# REACH

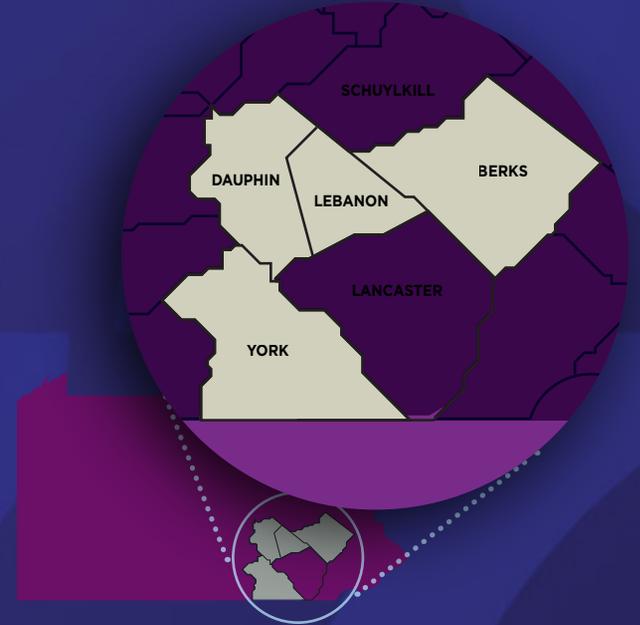
**Advancing health equity through community partnerships in Central Pennsylvania.**

## >>> **REACH:** >>>

The Penn State Racial and Ethnic Approaches to Community Health (REACH) program in Central Pennsylvania is a collaboration of community organizations, leaders, and public health professionals. This dedicated group is leading the charge in the CDC's mission to decrease health disparities and promote health equity specifically within the Hispanic and Latino populations.

The REACH program can assist community partners by:

- Collaborating on Program Planning
- Providing Local Knowledge and Connections
- Supporting Outreach and Engagement
- Offering Resources and Services
- Evaluation Program Impact



# Penn State REACH plans and carries out local, culturally appropriate programs to address a wide range of health issues among the Hispanic and Latino populations in Central Pennsylvania.



**REACH**  
NUTRITION  
SECURITY

## Nutrition Security:

Promote food service and nutrition guidelines and the expansion of existing fruit and vegetable voucher incentives and/or produce prescription programs.



**REACH**  
PHYSICAL  
ACTIVITY

## Physical Activity:

Develop policies and activities to connect pedestrian, bicycle, or transit transportation networks (called activity-friendly routes) to everyday destinations.



**REACH**  
EARLY CARE  
AND EDUCATION

## Early Care and Education:

Advance policies and activities that improve nutrition, physical activity, and breastfeeding and uplift Farm to ECE programs.



**REACH**  
VACCINATION

## Vaccination:

Implement practices to increase awareness, confidence, demand, and access to flu, COVID-19, and other routinely recommended adult vaccines.



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equity through  
community  
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For more information: [REACH@pennstatehealth.psu.edu](mailto:REACH@pennstatehealth.psu.edu)

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