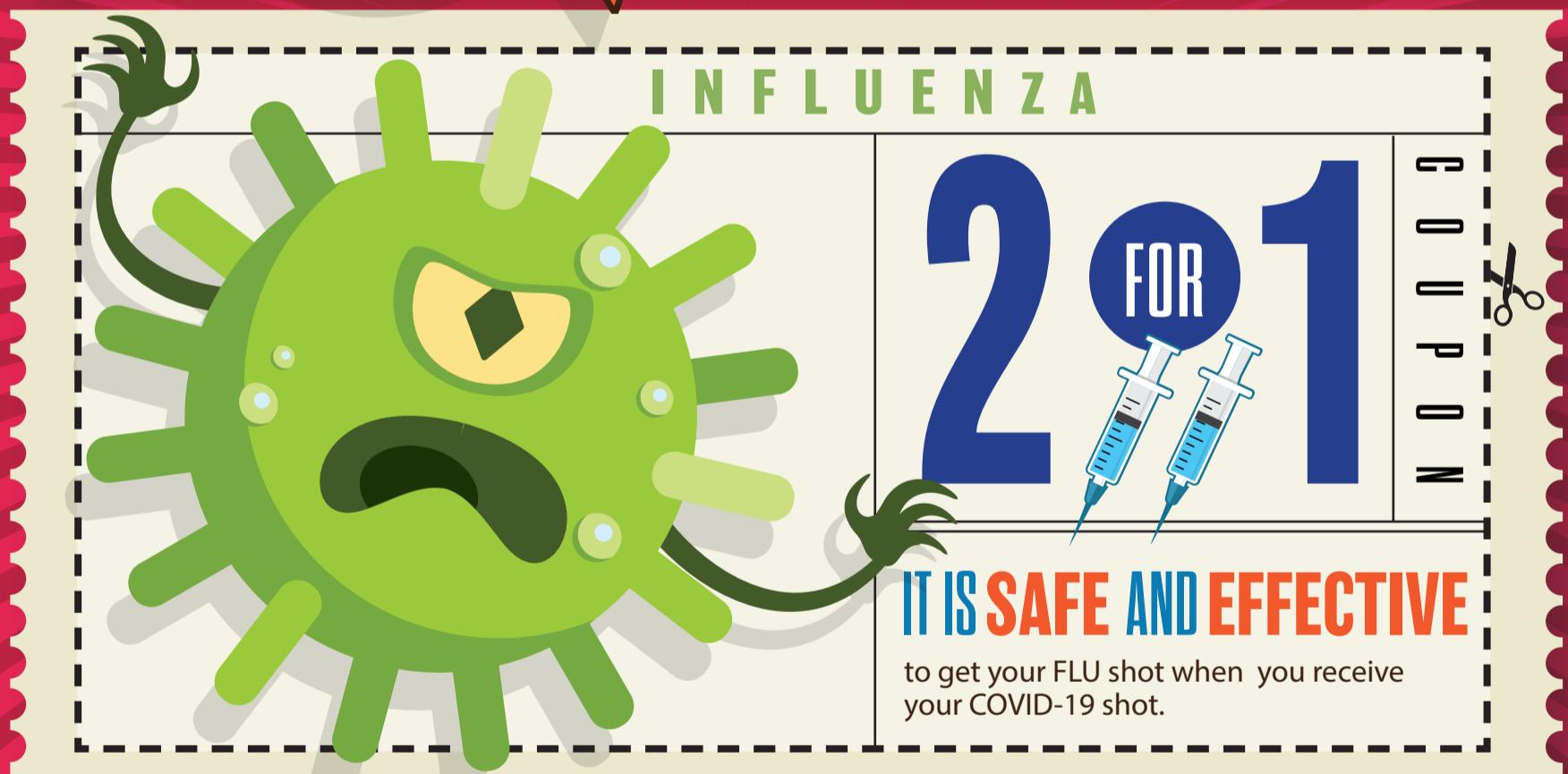


YOU CAN GET YOUR FLU AND COVID-19 VACCINES AT THE SAME TIME



Getting a flu vaccine is an essential part of protecting your health and your family's health every year. When you go for your yearly flu shot, you can get your COVID-19 vaccination at the same time.

If you are due for both vaccines, providers are encouraged to offer both vaccines at the same visit. You will receive two separate vaccinations, in two different limbs.

Even though both vaccines can be given at the same visit, people should follow the recommended schedule for either vaccine:

If you haven't gotten your currently recommended doses of COVID-19 vaccine, get a COVID-19 vaccine as soon as you can, and ideally get a flu vaccine by the end of October.



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PUEDES OBTENER TUS

VACUNAS CONTRA LA INFLUENZA Y EL COVID-19 AL MISMO TIEMPO



Vacunarte contra la influenza es esencial para proteger tu salud y la de tu familia cada año. Cuando vayas por tu vacuna anual contra la influenza, **puedes obtener tu vacuna contra COVID-19 al mismo tiempo**.

Si ya te tocan ambas vacunas, los proveedores te ofrecerán ponerte ambas en la misma visita. Recibirás dos vacunas separadas, en diferentes extremidades.

A pesar de que recibas ambas vacunas en la misma visita, debes seguir el protocolo recomendado para cada vacuna: si no has recibido tus dosis recomendadas contra COVID-19, debes obtenerlas lo antes posible e idealmente vacunarte contra la influenza a finales de octubre.



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